

VITA

Members Times

Volume 2 Issue 2

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Do YOU have any stories or art work you would like to share in the newsletter? We would love to hear from you.

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Talking About Work



My name is Andrew Lewis I work on the Newsletter Committee and am in the Rights Group. I like working with Vita. I work hard. Other members at VITA work hard too.

This newsletter issue is **ALL ABOUT WORK**. We want to teach members that they can work and feel proud of themselves.

Some people need help to work. If you need help that is ok we all need help sometimes. Ask for help when you need it.

Members can help each other too and work together.

Monday to Friday I do some work at Casa Abruzzo. I clean the training room, package gloves and take the garbage out. At the end of the week I get paid. It feels like I work hard for my money and I deserve it.

We hope the newsletter makes you **SMILE** and **THINK**.

Happy Reading!

Right's Group Update



- Mary Phyllis Nash & Charlie Addoriso went to a two day conference about paid jobs for people with disabilities and brought information back to the rights group.
- We have invited a speaker from the conference to come to a Rights Group meeting to talk with us. She said yes.
- We voted on and decided to have a 'Bad Weather Policy' to help people know when a group is still on or cancelled if the weather is bad.
- We now have 'Volunteering Guidelines'.
- Group members set up a booth at an information fair for the Toronto District School Board. The Board sent us a thank you note.
- We will now be paying for our own pop and a member of the group is responsible to buy it and bring it to meetings.

Volunteer Fun

My name is Samantha Controneo I go to Oanhss with other members, I put important papers in envelopes. I work very fast and do not make any mistakes. It is important to do the job right. Sometimes people tell me I am a working machine because I am so great at my job. I like seeing my friends from the employment group at Vita there. I love going to Oanhss. The staff there are always polite to me. They tell me I do important work and that they really appreciate all my hard work.



Busy Bee at Work

My name is Antonella Parisi. I work at Shoppers Drug Mart and at Canadian Tire. I work at Shoppers on Monday and Wednesday. I go to Canadian Tire on Tuesday and Thursday. I go to work on the bus. I show them my pass. At work I collect buggies, baskets and boxes. I help with cleaning the floor, dusting and changing bags in the laundry room, and washrooms. I am very busy at work. I like my jobs. I save to go to Tim Horton's and go on vacation.



Volunteer Superstar



My name is Erica DeVincenzo. I volunteer at Pine Grove Retirement Home. I fold laundry like different sized towels and bibs. I also hang clothes, It is a very important job because everything has to be done just the right way. The towels depending on the size all have to be the same way, and the clothes need to be on the hanger so that the nurses can see the name tag. I like going to Pine Grove once a week. I work in the laundry with my staff and my friends. The people there are nice and I get to see my friend who used to live at Vita and now lives at Pine Grove. I hope to get a paid job someday. I would like to do nails.

Cool Happenings



My name is Nancy Lali. VITA was invited to be on a Rogers Cable talk show called "A Voice for All" in February! Desmond and I went to be on a TV show to talk about Learning You at Vita. We talked about teaching people with disabilities how to make crafts. I'm proud of myself for going to Rogers TV and I felt happy to be there. We got along well with the host of the show and hope to work together again soon! The show aired on Thursday

February 27th, 2014 at 6:00pm. You can look for it on rogerstv.com.

Good Work Everywhere!



Throughout VITA, our members are hard at work. Some, for example, Antonella Parisi, have jobs in places like Shopper's Drug Mart. We are so proud of Antonella's accomplishment that we put her picture in our big year-end report. But others do different kinds of work. Some volunteer their time to help VITA become a better place. The volunteers who put this newsletter together work hard! So do the members who are in the Rights Group! I can't tell you how much better VITA is because of the work that so many members do.

Then there are those who are learning work skills. Last summer we had a car detailing service at head office and some of our customers said that they had never had better service. That made me so proud and it shows that people with disabilities can work just as hard and just as well as anyone else. We put a picture of Michael Goldberg and Nicholas McDonald in our year-end report showing them making a car super clean.

This issue of the newsletter is a celebration of the work our members take on. I eagerly join in that celebration.

Kim Lenahan

Vita Members Working Hard

Y A B F N Z T I M E H M E M Y
Z F U V N J M U U G Y I A P O
V O L U N T E E R X J E V G L
L Y C O P M L M U F T O A Y E
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Q F R G L O E H K L F G A H R
I T H Q R G N K H U O Q I Z N
K U Z K X D I K U K I Y J C I
E C I E S O P U M L P F E K N
K N P W W Z Y H R B N B H E G
G W V S Y R R E X K A L A X E
W U T Q W Z U Y N Z L X T G V
H X Z R E E R A C O P D X O P
R H S L P T B S B O M C E B R
T O K I V N G B F T K B Z M K

CAREER

MONEY

LEARNING

TIME

TEAM

JOB

WORKING

PLAN

EMPLOYEE

VOLUNTEER